Gin Kyu Nage-No-Kata Gin Kyu Kumite

	Te-Waza			Koshi-Waza			Ashi-Waza			Ma-Sutemi-Waza			Yoko-Sutemi-Waza		
	Uki-Otoshi	Seoi-Nage	Kata-Guruma	Uki-Goshi	Harai-Goshi	Tsuri-Komi-Goshi	Okuri-Ashi-Barai	Sasae-Tsuri-Komi-Ashi	Uchi-Mata	Tomoe-Nage	Ura-Nage	Sumi-Gaeshi	Yoko-Gake	Yoko-Guruma	Uki-Waza
Tim															
Rich	I	I													
Doug															
Mark															
Andy															
Scott															

	Power Pad Attack			Kumite Regular			Kumite Close-in			Kumite Throws & Ground			The 9 Minute Grand Finale		
	1 min.	1.5 min.	2 min.	1 min.	2 min.	3 min.	1 min.	2 min.	3 min.	1 min.	2 min.	3 min.	Reg 3 min.	Close 3 min.	Ground 3 min.
Tim															
Rich	I														
Doug															
Mark															
Andy															
Scott															